

# Palliative Care Collaborative: 7th Annual Regional Conference

**Friday, October 11, 2013**

**The Dearborn Inn**

**20301 Oakwood Boulevard, Dearborn, MI 48124**



## Who Should Attend?

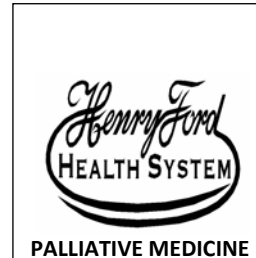
**Hospice Leadership  
Palliative Care Teams  
Hospital Leadership  
Clinicians**

**Bereavement Staff  
Nurses  
Social Workers  
Physicians**

**Psychologists  
Counselors  
Chaplains  
Volunteers**

**Administrators  
Educators  
Students  
Fellows**

## In Collaboration with:



## Keynote Speakers:

**Timothy E. Quill, MD** is the Thomas and Georgia Gosnell Distinguished Professor in Palliative Care at the University of Rochester School of Medicine and Dentistry where he is also Professor of Medicine, Psychiatry, Medical Humanities and Nursing. He is the Director of the Palliative Care Division within the Department of Medicine, a board certified palliative care consultant, and the immediate Past President of the American Academy of Hospice and Palliative Medicine.

Dr. Quill has published and lectured widely about various aspects of the doctor-patient relationship, with special focus on end-of-life decision making, including delivering bad news, non-abandonment, discussing palliative care earlier, and exploring last-resort options. He is the author of several books on end-of life, including *Physician-Assisted Dying: The Case for Palliative Care and Patient Choice* (Johns Hopkins University Press, 2004), *Caring for Patients at the End of Life: Facing an Uncertain Future Together* (Oxford University Press, 2001), and *A Midwife Through the Dying Process: Stories of Healing and Hard Choices at the End of Life* (Johns Hopkins University Press, 1996). His new book, co-edited with Franklin Miller, entitled *Palliative Care and Ethics: Common Ground and Cutting Edges* will be published by Oxford University Press early in 2014. He is also an author of over 150 articles published in major medical journals including “Death and Dignity: A Case of Individualized Decision Making” published in 1991 in the *New England Journal of Medicine*. Dr. Quill was the lead physician plaintiff in the New York State legal case challenging the law prohibiting physician-assisted death that was heard in 1997 by the U.S. Supreme Court (*Quill v. Vacco*).



**Gail Elliott Patricolo** is Director for Integrative Medicine at Beaumont Health System. Her role has been to design, implement and direct holistic medicine services for patients, caregivers and staff at multiple locations in the hospital system. Under her guidance the program is one of the largest of its kind in the Nation. She has a graduate degree from Oakland University in Complementary Medicine and Wellness and has studied and worked in the area of integrative medicine. She is a stress reduction expert and a guided imagery specialist. Gail is known for being extremely passionate about the integration of mind-body approaches to health and healing with conventional medicine. *Gail will lead a guided imagery exercise at the conclusion of the conference.*

## **Program: Friday, October 11<sup>th</sup>, 2013**

- 7:00am-8:00am      Registration, breakfast, exhibits
- 8:00am-8:15am      **Welcome and Greetings**  
Michael Stellini, MD, MS, FACP and Meg Campbell, PhD, RN, FPCN
- 8:15am-9:15am      **Opening Plenary:**  
**Palliative Care in a Changing Health Care Environment**  
Timothy Quill, MD, FACP
- 9:15am-9:30am      Break, exhibits,
- 9:30am-10:30am      Concurrent Sessions **(1)**
- A. **Organ Donation after Circulatory Death: Implications for Palliative Care**  
Christine Westphal, MSN, APRN, ACNS-BC, ACHPN and Rebecca Williams, BS, MA
  - B. **When More is Less: Opioid Induced Hyperalgesia**  
Leslie J. Bricker, MD, FACP, FAAHPM
  - C. **How to Respond When the Family Wants “Everything”**  
Timothy Quill, MD, FACP
  - D. **Don’t Forbid my Tears: Facilitating Emotions at the End of Life**  
Janine Folks, Chaplain
- 10:30am-10:45am      Break, snacks, and exhibits
- 10:45am-11:45am      Concurrent Sessions **(2)**
- A. **Dyspnea Assessment and Treatment at the End of Life: State of the Science**  
Meg Campbell, PhD, RN, FPCN
  - B. **The Good, the Bad and the Ugly of Anticholinergic Drugs in End-of-Life Care**  
Thomas R. Palmer, MD
  - C. **When Surrogates say “no” to Pain Medications**  
Christine Westphal, MSN, APRN, ACNS-BC, ACHPN
  - D. **Caring for Family Caregivers: Practical Approaches to Reducing Caregiver Burden**  
Peter Tucker, MD and Lisa Martin, LMSW
- 11:45am-1:00pm      **Lunch, Exhibits, Networking, Relaxation**

Our sponsoring organizations will have tables in the foyer area outside of the ballroom where lunch will be served. This is an excellent space and time to network with colleagues from across the region.

A select set of books will be on display and available for purchase in the foyer area.

*Vegetarian selections are available on the lunch buffet.*

1:00pm-2:00pm Concurrent Sessions (3)

**A. Pain in the Neck: Making Sense of the Evidence for Opioid Use in Chronic Pain**

Kristen Adams, MD

**B. Can People Die of Old Age? The State of the Science Related to Debility, Adult Failure to Thrive, and Frailty**

Evan Fonger, MD

**C. Understanding Grief**

Virginia Paige, MSN, NP-C, ACHPN

**D. Original Research**

**Using Digital Storytelling in Palliative Care Education**

D. Price, E. Brough, L. Strodman, A. Luo, S. Lonn

**Death Rattle is Not Associated with Patient Distress: Is Pharmacological Treatment Indicated?**

M.L. Campbell and H. Yarandi

**Nurse Perspectives of a Nurse-Led Algorithmic Approach to Terminal Withdrawal of Mechanical Ventilation**

L. Bensmiller and M.L. Campbell

2:00pm-2:15pm Break, exhibits, posters

2:15pm-3:15pm

**Closing Plenary:**

**Finding Peace and Balance.....for Patient's and Yourself**

Gail Elliott Patricolo, BA, Grad Cert (CAM)

3:15pm-3:30pm

**Closing Remarks and Acknowledgements**

## Program Objectives

- ✚ Learn clinical and evidence-based content about advanced disease processes, prognoses, symptom distress and treatment
- ✚ Discuss innovations and interventions that work to improve the delivery of palliative care across diverse settings
- ✚ Encourage collaboration and networking
- ✚ Learn how to improve palliative care for patients and families in hospital, hospice and home care programs across Michigan and the region
- ✚ Share evidence-based best practices in palliative care
- ✚ Learn about newest research in palliative care with a multidisciplinary audience
- ✚ Provide tools to palliative care practitioners to provide state-of-art palliative care
- ✚ Provide knowledge about the scope and impact of palliative care to hospice and hospital leaders and administrators

## Accreditation

The Wayne State University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The Wayne State University School of Medicine designates this live activity for a maximum of **5.50 AMA PRA Category 1 Credit(s)™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program is approved by the Michigan Social Work Continuing Education Collaborative for **5 CE Clock Hours**.

Nurses who attend will receive CE credits. Registration with the WSU CME office is required at time of sign-in at the conference.

## Faculty Disclosure

All faculty and planning committee members participating in continuing education activities sponsored by the Wayne State University are required to disclose to the audience any relevant commercial relationships, and/or non-FDA approved use of a drug or a device that is included in the presentation.

## Registration Fees

- |   |          |
|---|----------|
| • Physicians                            | \$125.00 |
| • Nurses and Other Health Professionals | \$ 75.00 |
| • Students                              | \$ 25.00 |

**Because of our all electronic format and generous sponsors, we are able to keep our registration prices low, with no increase this year.**

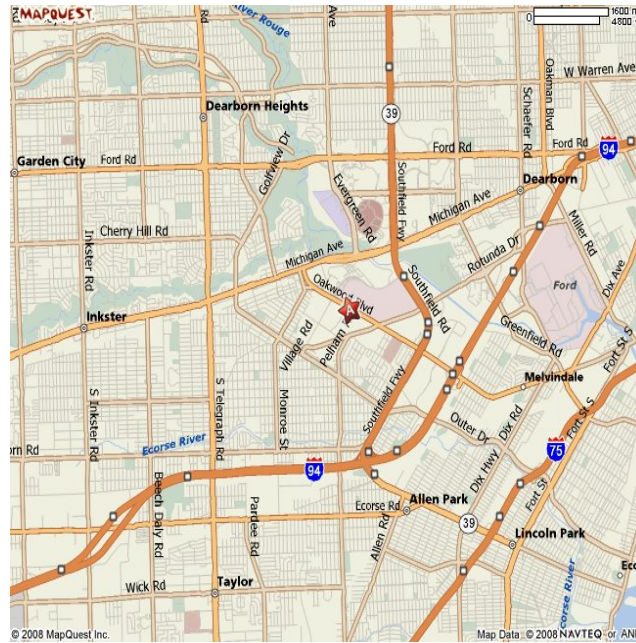
So that we can plan accordingly for room size, please, indicate on the registration form which concurrent sessions you are most likely to attend.



# Location

The Dearborn Inn  
20301 Oakwood Boulevard  
Dearborn, MI 48124  
(313) 271-2700 tel.  
(313) 271-7464 fax

**\* Special Room Rates for Conference Attendees - \$119**



**For additional information please contact:**

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**Palliative Care Collaborative: 7th Annual Regional Conference**  
**Friday, October 11, 2013**

**REGISTRATION FORM**

**(please type or print)**

You can type on this form electronically and save, then email, or print and fax/mail – or print the form, fill it in and mail it.

NAME: (last, first, degree/title): \_\_\_\_\_

Last 4 digits of Soc. Sec. No. (For **CME/CE** purpose): \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

\*E-MAIL ADDRESS: \_\_\_\_\_

**\*Please provide an e-mail address. Once you are registered, you will receive an e-mail with a link to a site where the speakers' handouts/slides are posted and are downloadable.**

AFFILIATION/EMPLOYER: \_\_\_\_\_

SPECIALTY: \_\_\_\_\_

Social Work License No. (if applicable): \_\_\_\_\_

**Concurrent Sessions:** Please choose one concurrent session (**a, b, c, or d**) for each session

Session(1): \_\_\_\_\_ Session(2) \_\_\_\_\_ Session(3) \_\_\_\_\_

**CONFERENCE FEE:**

\$125.00 Physicians       \$ 75.00 Nurses & Other Healthcare Professionals       \$25 Student (with verification)

Payment type:  Employer sponsored (Name of sponsor): \_\_\_\_\_

Check (payable to **WSU** – mail to address below)

Credit card

Visa

Master Card

Credit Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Card Holder's Name: \_\_\_\_\_

Amount to be charged: \_\_\_\_\_

"I authorize a charge of the total amount above to the credit card listed".

Cardholder's signature: \_\_\_\_\_

**Please return this form with payment to:** Michael Stellini, M.D. / CAPEWAYNE,  
4201 St. Antoine, UHC-5C, Box 258, Detroit, MI 48201  
or e-mail to: [mstellini@med.wayne.edu](mailto:mstellini@med.wayne.edu) or Fax to: 313-745-4707